



## Wellness & Spa Experts

Experiences a layered approach to wellness at Six Senses Spa Elounda . Simply relax or go deeper and say hello to a whole new you. Skilled therapists and visiting practitioners guide you towards optimum wellbeing in step with your wellness goals.

### **Sergiy Manik**

Therapeutic Massage therapist

A highly skilled massage therapist specializing in Eastern therapeutic techniques with over 20 years' experience. Sergiy assists guests by focusing on pain management through kinesiology, trigger points, and myofascial release. Sergiy joined Six Senses in 2007 and since then he has been offering deep tissue, Aromatherapy, lymphatic drainage, and cupping as part of his treatments.

### **Nikos Papoutsakis**

Physical Therapist

Nikos has been addresses physical pain with his expertise in physiotherapy, kinesiology, manual therapy, aromatherapy, and Bowen technique. He has a capacity to create an atmosphere of comfort and discretion by healing physical and emotional wounds. Nikos has a BSC in Physical Therapy and has expertly adapted it to the spa environment.

### **Marialena Mailet**

Sports Rehabilitation Specialist and Personal Trainer

Born and bred in Aghios Nikolaos Crete, Marialenna loved swimming from the first moment she got in the water. She has competed in swimming contests from a young age winning numerous titles in her teenage years. Marialenna has a bachelor's degree in Sports Rehabilitation from the University of Salford. She has been offering her services within Six Senses Spas since 2016 focusing on sports massage, deep tissue, Ayurveda, and personal training.

### **Six Senses Spa at porto elounda**

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