



SIX SENSES SPA

ELOUNDA

Uplifting Facial Yoga Workshop Every Tuesday at 11:00am

At Six Senses Spa at Elounda Sa hotels & resorts we are passionate about holistic approaches to wellbeing and beauty.

Join us for a memorable spa home ritual workshop.

Nature gives you the face you have at twenty,
life shapes the face you have at
thirty, but at fifty, you get the face you deserve"

Coco Chanel

Facial Yoga is a series of more than 70 poses to smooth fine lines, minimize wrinkles, stop the skin on your face from sagging and sharpen face contours. The tension in the face muscles will reduce and the face will look tighter and brighter with a beautiful natural glow.

Facial yoga achieves what no cosmetic product can achieve. It accesses the inner body through drainage, toning, relaxation and nutrition, which all acts in synergy.

Duration: 45 minutes

Workshop Price: Complimentary

Maximum number of participants: 8 people

At

Six Senses Spa

Six Senses Spa at Porto Elounda Golf & Spa Resort

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